

Tiroler Hallenmeisterschaften im Schwimmen 2021  
Innsbruck, 26. - 28.3.2021

Wettkampf 29  
28.03.2021

Frauen, 400m Freistil

Jahrgang 2010 und älter  
Protokoll

Punkte: FINA 2020

Rang							RT	Zeit	Pkt.
<b>Schüler III / AK11</b>									
1.	Wechdorn Sophie-Elise		2010 Tiroler Wassersportverein				+0,70	<b>5:21.23</b>	386
	50m:	37.32	37.32	150m:	1:58.23	40.02	250m:	3:20.00	40.39
	100m:	1:18.21	40.89	200m:	2:39.61	41.38	300m:	4:01.70	41.70
							350m:	4:42.93	41.23
							400m:	5:21.23	38.30
2.	Kaindl Lotta		2010 SC Wörgl				+0,59	<b>5:47.36</b>	305
	50m:	36.55	36.55	150m:	2:04.25	45.27	250m:	3:34.52	45.16
	100m:	1:18.98	42.43	200m:	2:49.36	45.11	300m:	4:19.67	45.15
							350m:	5:04.65	44.98
							400m:	5:47.36	42.71
3.	Mihurko Antonia		2010 Tiroler Wassersportverein				+0,93	<b>6:00.75</b>	272
	50m:	40.07	40.07	150m:	2:11.18	45.91	250m:	3:46.34	47.32
	100m:	1:25.27	45.20	200m:	2:59.02	47.84	300m:	4:33.42	47.08
							350m:	5:18.67	45.25
							400m:	6:00.75	42.08
4.	Monz Nora		2010 SC IKB Innsbruck					<b>6:36.29</b>	205
	50m:	42.61	42.61	150m:	2:24.06	51.59	250m:	4:06.07	51.68
	100m:	1:32.47	49.86	200m:	3:14.39	50.33	300m:	4:57.31	51.24
							350m:	5:48.11	50.80
							400m:	6:36.29	48.18

**Schüler IV / AK12**

1.	Brenner Sissi		2009 WSV St. Johann in Tirol				+0,77	<b>5:04.58</b>	452
	50m:	33.25	33.25	150m:	1:50.29	38.95	250m:	3:08.81	39.06
	100m:	1:11.34	38.09	200m:	2:29.75	39.46	300m:	3:47.97	39.16
							350m:	4:27.10	39.13
							400m:	5:04.58	37.48
2.	Schweitzer Elina		2009 Make It Happen Swim				+0,79	<b>5:08.95</b>	434
	50m:	33.60	33.60	150m:	1:50.86	39.06	250m:	3:11.80	40.03
	100m:	1:11.80	38.20	200m:	2:31.77	40.91	300m:	3:52.10	40.30
							350m:	4:31.84	39.74
							400m:	5:08.95	37.11
3.	Erharter Mia		2009 SC IKB Innsbruck				+0,85	<b>5:21.28</b>	385
	50m:	34.22	34.22	150m:	1:54.68	41.54	250m:	3:18.07	41.50
	100m:	1:13.14	38.92	200m:	2:36.57	41.89	300m:	4:00.19	42.12
							350m:	4:41.86	41.67
							400m:	5:21.28	39.42
4.	Walder Lilith		2009 Tiroler Wassersportverein				+0,59	<b>5:21.39</b>	385
	50m:	36.27	36.27	150m:	1:58.03	41.24	250m:	3:21.47	41.95
	100m:	1:16.79	40.52	200m:	2:39.52	41.49	300m:	4:02.18	40.71
							350m:	4:42.60	40.42
							400m:	5:21.39	38.79
5.	Pomaroli Anna		2009 SC IKB Innsbruck					<b>6:14.78</b>	243
	50m:	38.48	38.48	150m:	2:12.08	48.05	250m:	3:50.09	49.16
	100m:	1:24.03	45.55	200m:	3:00.93	48.85	300m:	4:38.77	48.68
							350m:	5:27.13	48.36
							400m:	6:14.78	47.65
6.	Santoro Smekal Margarita		2009 SC IKB Innsbruck					<b>6:38.61</b>	202
	50m:	41.90	41.90	150m:	2:23.65	51.45	250m:	4:05.63	50.66
	100m:	1:32.20	50.30	200m:	3:14.97	51.32	300m:	4:56.71	51.08
							350m:	5:48.21	51.50
							400m:	6:38.61	50.40

**Jugend I / AK13**

1.	Pabst Lisa		2008 SK Zirl				+0,81	<b>5:11.06</b>	425
	50m:	34.40	34.40	150m:	1:52.04	39.29	250m:	3:12.43	40.58
	100m:	1:12.75	38.35	200m:	2:31.85	39.81	300m:	3:52.43	40.00
							350m:	4:32.47	40.04
							400m:	5:11.06	38.59
2.	Schwarz Lena		2008 Tiroler Wassersportverein				+0,65	<b>5:17.81</b>	398
	50m:	36.70	36.70	150m:	1:57.71	41.19	250m:	3:20.23	41.51
	100m:	1:16.52	39.82	200m:	2:38.72	41.01	300m:	4:00.76	40.53
							350m:	4:40.81	40.05
							400m:	5:17.81	37.00
3.	Zoller Lea		2008 SK Zirl				+0,73	<b>5:19.73</b>	391
	50m:	35.88	35.88	150m:	1:57.49	41.58	250m:	3:21.16	42.10
	100m:	1:15.91	40.03	200m:	2:39.06	41.57	300m:	4:02.01	40.85
							350m:	4:42.78	40.77
							400m:	5:19.73	36.95
4.	Schwarz Laura		2008 Tiroler Wassersportverein				+0,63	<b>5:21.84</b>	383
	50m:	36.46	36.46	150m:	1:59.52	41.50	250m:	3:22.68	40.72
	100m:	1:18.02	41.56	200m:	2:41.96	42.44	300m:	4:03.97	41.29
							350m:	4:43.95	39.98
							400m:	5:21.84	37.89

Tiroler Hallenmeisterschaften im Schwimmen 2021  
Innsbruck, 26. - 28.3.2021

Wettkampf 29, Mädchen, 400m Freistil, Jugend I / AK13

Rang							RT	Zeit	Pkt.
5.	Reister Olivia		2008 SC IKB Innsbruck				+0,63	<b>5:28.70</b>	360
	50m:	35.30 35.30	150m:	1:57.48 42.01	250m:	3:21.84 41.61	350m:	4:47.47 42.81	
	100m:	1:15.47 40.17	200m:	2:40.23 42.75	300m:	4:04.66 42.82	400m:	5:28.70 41.23	
6.	Thaler Tamina		2008 Tri-X Kufstein				+0,53	<b>6:00.75</b>	272
	50m:	38.69 38.69	150m:	2:09.05 46.67	250m:	3:43.65 46.91	350m:	5:18.69 47.03	
	100m:	1:22.38 43.69	200m:	2:56.74 47.69	300m:	4:31.66 48.01	400m:	6:00.75 42.06	
7.	Larch Coralie		2008 SK Leutasch				+0,73	<b>6:20.13</b>	233
	50m:	37.44 37.44	150m:	2:13.05 49.73	250m:	3:54.16 51.06	350m:	5:34.01 49.59	
	100m:	1:23.32 45.88	200m:	3:03.10 50.05	300m:	4:44.42 50.26	400m:	6:20.13 46.12	
8.	Kremser Matilda		2008 SC IKB Innsbruck				+0,74	<b>6:23.65</b>	226
	50m:	39.71 39.71	150m:	2:13.37 48.11	250m:	3:52.39 50.12	350m:	5:33.23 50.78	
	100m:	1:25.26 45.55	200m:	3:02.27 48.90	300m:	4:42.45 50.06	400m:	6:23.65 50.42	
9.	Pühringer Delina		2008 Tiroler Wassersportverein				+0,68	<b>6:24.34</b>	225
	50m:	39.65 39.65	150m:	2:16.56 50.21	250m:	3:58.09 50.94	350m:	5:38.22 50.91	
	100m:	1:26.35 46.70	200m:	3:07.15 50.59	300m:	4:47.31 49.22	400m:	6:24.34 46.12	

Jugend II / AK14

1.	Eder Maria		2007 SC IKB Innsbruck				+0,80	<b>4:37.49</b>	599
	50m:	31.15 31.15	150m:	1:40.40 35.35	250m:	2:51.97 35.90	350m:	4:03.23 35.48	
	100m:	1:05.05 33.90	200m:	2:16.07 35.67	300m:	3:27.75 35.78	400m:	4:37.49 34.26	
2.	Übelhör Lorena		2007 SK Zirl				+0,74	<b>5:24.36</b>	375
	50m:	35.75 35.75	150m:	1:57.47 41.53	250m:	3:21.65 42.38	350m:	4:44.33 41.05	
	100m:	1:15.94 40.19	200m:	2:39.27 41.80	300m:	4:03.28 41.63	400m:	5:24.36 40.03	
3.	Eichholzer Sophie		2007 SK Leutasch				+0,62	<b>5:25.02</b>	372
	50m:	35.37 35.37	150m:	1:56.54 40.88	250m:	3:20.39 41.41	350m:	4:44.72 41.78	
	100m:	1:15.66 40.29	200m:	2:38.98 42.44	300m:	4:02.94 42.55	400m:	5:25.02 40.30	
4.	Pierer Laura		2007 Tiroler Wassersportverein				+0,58	<b>5:37.26</b>	333
	50m:	34.97 34.97	150m:	1:59.09 43.36	250m:	3:26.58 43.87	350m:	4:54.84 43.88	
	100m:	1:15.73 40.76	200m:	2:42.71 43.62	300m:	4:10.96 44.38	400m:	5:37.26 42.42	

Jugend III / AK15

1.	Langhofer Miriam		2006 SC IKB Innsbruck					<b>4:39.03</b>	589
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	4:39.03	
2.	Niederacher Paula		2006 Make It Happen Swim					<b>4:40.72</b>	578
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	4:40.72	
3.	Pabst Romy		2006 SC IKB Innsbruck				+0,79	<b>4:49.63</b>	526
	50m:	31.79 31.79	150m:	1:44.06 36.97	250m:		350m:		
	100m:	1:07.09 35.30	200m:		300m:		400m:	4:49.63	
4.	Wappler Emma		2006 SC IKB Innsbruck				+0,74	<b>4:51.57</b>	516
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	4:51.57	
5.	Kappacher Franca		2006 SC IKB Innsbruck				+0,75	<b>4:57.76</b>	484
	50m:	32.49 32.49	150m:	1:46.12 37.98	250m:		350m:		
	100m:	1:08.14 35.65	200m:		300m:		400m:	4:57.76	
6.	Brenner Heidi		2006 WSV St. Johann in Tirol				+0,89	<b>5:00.46</b>	471
	50m:	32.77 32.77	150m:	1:49.67 39.35	250m:	3:07.30 38.63	350m:	4:23.63 37.74	
	100m:	1:10.32 37.55	200m:	2:28.67 39.00	300m:	3:45.89 38.59	400m:	5:00.46 36.83	

Tiroler Hallenmeisterschaften im Schwimmen 2021  
Innsbruck, 26. - 28.3.2021

Wettkampf 29, Mädchen, 400m Freistil, Jugend III / AK15

Rang									RT	Zeit	Pkt.	
7.	Schiefer Carolina								2006 Tri-X Kufstein	+0,85	<b>5:10.18</b>	428
	50m:	32.86	32.86	150m:	1:49.52	39.24	250m:	3:11.34	41.42	350m:	4:31.90	40.11
	100m:	1:10.28	37.42	200m:	2:29.92	40.40	300m:	3:51.79	40.45	400m:	5:10.18	38.28
	Fuchs Leonie								2006 WSV St. Johann in Tirol	+0,98	<b>5:10.18</b>	428
	50m:	32.80	32.80	150m:	1:48.97	38.84	250m:	3:09.73	40.76	350m:	4:30.94	40.36
	100m:	1:10.13	37.33	200m:	2:28.97	40.00	300m:	3:50.58	40.85	400m:	5:10.18	39.24
9.	Hochgruber Sara								2006 SC IKB Innsbruck	+0,76	<b>5:25.00</b>	372
	50m:	34.17	34.17	150m:	1:54.33	41.46	250m:	3:18.78	42.47	350m:	4:44.54	42.61
	100m:	1:12.87	38.70	200m:	2:36.31	41.98	300m:	4:01.93	43.15	400m:	5:25.00	40.46
10.	Roth Anne								2006 Tri-X Kufstein	+0,70	<b>5:30.64</b>	354
	50m:	35.75	35.75	150m:	1:59.35	42.65	250m:	3:25.02	43.03	350m:	4:50.40	42.05
	100m:	1:16.70	40.95	200m:	2:41.99	42.64	300m:	4:08.35	43.33	400m:	5:30.64	40.24
11.	Nairz Laura								2006 SK Leutasch	+0,86	<b>5:35.31</b>	339
	50m:	35.22	35.22	150m:	1:57.26	42.05	250m:	3:24.49	43.59	350m:	4:52.76	43.80
	100m:	1:15.21	39.99	200m:	2:40.90	43.64	300m:	4:08.96	44.47	400m:	5:35.31	42.55

Junioren

1.	Huys Tabea								2005 Make It Happen Swim	+0,74	<b>4:28.84</b>	658
	50m:	30.76	30.76	150m:	1:38.77	34.52	250m:	2:47.06	34.15	350m:	3:55.71	33.96
	100m:	1:04.25	33.49	200m:	2:12.91	34.14	300m:	3:21.75	34.69	400m:	4:28.84	33.13
2.	Plattner Sara								2005 SU citynet@ Hall		<b>4:36.82</b>	603
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	4:36.82	
3.	Süsser Lisa								2003 Tiroler Wassersportverein		<b>4:43.21</b>	563
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	4:43.21	
4.	Feuersinger Katharina								2004 SC Wörgl		<b>4:50.33</b>	523
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	4:50.33	
5.	Danzer Theresa								2005 SU citynet@ Hall	+0,53	<b>4:52.17</b>	513
	50m:	32.45	32.45	150m:	1:46.31	37.90	250m:			350m:		
	100m:	1:08.41	35.96	200m:			300m:			400m:	4:52.17	
6.	Kofler Alessia								2003 SC IKB Innsbruck	+0,75	<b>4:55.68</b>	495
	50m:	33.30	33.30	150m:	1:48.84	38.24	250m:	3:05.94	38.34	350m:	4:21.14	37.47
	100m:	1:10.60	37.30	200m:	2:27.60	38.76	300m:	3:43.67	37.73	400m:	4:55.68	34.54
7.	Kurz Olivia								2004 SC Wörgl	+0,72	<b>5:10.59</b>	427
	50m:	33.51	33.51	150m:	1:50.50	39.65	250m:	3:10.73	40.08	350m:	4:31.30	40.31
	100m:	1:10.85	37.34	200m:	2:30.65	40.15	300m:	3:50.99	40.26	400m:	5:10.59	39.29
8.	Wagger Sarah								2005 WSV St. Johann in Tirol	+0,77	<b>5:17.37</b>	400
	50m:	33.90	33.90	150m:	1:50.58	38.88	250m:	3:12.87	41.51	350m:	4:36.13	41.34
	100m:	1:11.70	37.80	200m:	2:31.36	40.78	300m:	3:54.79	41.92	400m:	5:17.37	41.24
9.	Farthofer Franziska								2004 Tri-X Kufstein	+0,71	<b>5:23.11</b>	379
	50m:	33.81	33.81	150m:	1:53.41	40.80	250m:	3:17.95	42.48	350m:	4:43.21	42.57
	100m:	1:12.61	38.80	200m:	2:35.47	42.06	300m:	4:00.64	42.69	400m:	5:23.11	39.90
10.	Peer Luzie								2005 SC IKB Innsbruck	+0,84	<b>5:31.70</b>	350
	50m:	36.14	36.14	150m:	1:59.35	42.13	250m:	3:23.74	42.16	350m:	4:50.60	43.48
	100m:	1:17.22	41.08	200m:	2:41.58	42.23	300m:	4:07.12	43.38	400m:	5:31.70	41.10

Tiroler Hallenmeisterschaften im Schwimmen 2021  
Innsbruck, 26. - 28.3.2021

Wettkampf 29, Frauen, 400m Freistil

Allgemeine Klasse

1.	Opatril Lena		1999	SC IKB Innsbruck		+0,68	<b>4:15.07</b>	771				
	50m:	30.19	30.19	150m:	1:34.17	32.09	250m:	2:38.44	31.67	350m:	3:43.30	32.44
	100m:	1:02.08	31.89	200m:	2:06.77	32.60	300m:	3:10.86	32.42	400m:	4:15.07	31.77
2.	Huys Tabea		2005	Make It Happen Swim		+0,74	<b>4:28.84</b>	658				
	50m:	30.76	30.76	150m:	1:38.77	34.52	250m:	2:47.06	34.15	350m:	3:55.71	33.96
	100m:	1:04.25	33.49	200m:	2:12.91	34.14	300m:	3:21.75	34.69	400m:	4:28.84	33.13
3.	Bihlmayer Carina Celine		2002	Tiroler Wassersportverein		+0,60	<b>4:33.63</b>	624				
	50m:	30.43	30.43	150m:	1:38.90	34.79	250m:	2:49.33	35.38	350m:	3:59.77	35.01
	100m:	1:04.11	33.68	200m:	2:13.95	35.05	300m:	3:24.76	35.43	400m:	4:33.63	33.86
4.	Plattner Sara		2005	SU citynet@ Hall			<b>4:36.82</b>	603				
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	4:36.82	
5.	Kralinger Lisa		2002	SC IKB Innsbruck		+0,83	<b>4:36.92</b>	602				
	50m:	32.26	32.26	150m:	1:41.11	34.85	250m:	2:51.30	35.19	350m:	4:02.51	35.76
	100m:	1:06.26	34.00	200m:	2:16.11	35.00	300m:	3:26.75	35.45	400m:	4:36.92	34.41
6.	Eder Maria		2007	SC IKB Innsbruck		+0,80	<b>4:37.49</b>	599				
	50m:	31.15	31.15	150m:	1:40.40	35.35	250m:	2:51.97	35.90	350m:	4:03.23	35.48
	100m:	1:05.05	33.90	200m:	2:16.07	35.67	300m:	3:27.75	35.78	400m:	4:37.49	34.26
7.	Pienz Rosalie		2002	SC IKB Innsbruck		+0,77	<b>4:38.44</b>	592				
	50m:	31.85	31.85	150m:	1:42.67	35.85	250m:	2:53.83	35.07	350m:	4:04.56	35.36
	100m:	1:06.82	34.97	200m:	2:18.76	36.09	300m:	3:29.20	35.37	400m:	4:38.44	33.88
8.	Langhofer Miriam		2006	SC IKB Innsbruck			<b>4:39.03</b>	589				
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	4:39.03	
9.	Niederacher Paula		2006	Make It Happen Swim			<b>4:40.72</b>	578				
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	4:40.72	
10.	Süsser Lisa		2003	Tiroler Wassersportverein			<b>4:43.21</b>	563				
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	4:43.21	
11.	Pabst Romy		2006	SC IKB Innsbruck		+0,79	<b>4:49.63</b>	526				
	50m:	31.79	31.79	150m:	1:44.06	36.97	250m:			350m:		
	100m:	1:07.09	35.30	200m:			300m:			400m:	4:49.63	
12.	Feuersinger Katharina		2004	SC Wörgl			<b>4:50.33</b>	523				
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	4:50.33	
13.	Wappler Emma		2006	SC IKB Innsbruck		+0,74	<b>4:51.57</b>	516				
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	4:51.57	
14.	Danzer Theresa		2005	SU citynet@ Hall		+0,53	<b>4:52.17</b>	513				
	50m:	32.45	32.45	150m:	1:46.31	37.90	250m:			350m:		
	100m:	1:08.41	35.96	200m:			300m:			400m:	4:52.17	
15.	Moser Theresa		1993	SC IKB Innsbruck			<b>4:55.65</b>	495				
	50m:	33.38	33.38	150m:	1:47.03	37.00	250m:			350m:		
	100m:	1:10.03	36.65	200m:			300m:			400m:	4:55.65	
16.	Kofler Alessia		2003	SC IKB Innsbruck		+0,75	<b>4:55.68</b>	495				
	50m:	33.30	33.30	150m:	1:48.84	38.24	250m:	3:05.94	38.34	350m:	4:21.14	37.47
	100m:	1:10.60	37.30	200m:	2:27.60	38.76	300m:	3:43.67	37.73	400m:	4:55.68	34.54

Tiroler Hallenmeisterschaften im Schwimmen 2021  
Innsbruck, 26. - 28.3.2021

Wettkampf 29, Frauen, 400m Freistil, Allgemeine Klasse

Rang							RT	Zeit	Pkt.	
17.	Kappacher Franca	2006 SC IKB Innsbruck						+0,75	<b>4:57.76</b>	484
	50m: 32.49	32.49	150m: 1:46.12	37.98	250m:		350m:			
	100m: 1:08.14	35.65	200m:		300m:		400m:	4:57.76		
18.	Brenner Heidi	2006 WSV St. Johann in Tirol						+0,89	<b>5:00.46</b>	471
	50m: 32.77	32.77	150m: 1:49.67	39.35	250m: 3:07.30	38.63	350m:	4:23.63	37.74	
	100m: 1:10.32	37.55	200m: 2:28.67	39.00	300m: 3:45.89	38.59	400m:	5:00.46	36.83	
19.	Schiefer Carolina	2006 Tri-X Kufstein						+0,85	<b>5:10.18</b>	428
	50m: 32.86	32.86	150m: 1:49.52	39.24	250m: 3:11.34	41.42	350m:	4:31.90	40.11	
	100m: 1:10.28	37.42	200m: 2:29.92	40.40	300m: 3:51.79	40.45	400m:	5:10.18	38.28	
	Fuchs Leonie	2006 WSV St. Johann in Tirol						+0,98	<b>5:10.18</b>	428
	50m: 32.80	32.80	150m: 1:48.97	38.84	250m: 3:09.73	40.76	350m:	4:30.94	40.36	
	100m: 1:10.13	37.33	200m: 2:28.97	40.00	300m: 3:50.58	40.85	400m:	5:10.18	39.24	
21.	Kurz Olivia	2004 SC Wörgl						+0,72	<b>5:10.59</b>	427
	50m: 33.51	33.51	150m: 1:50.50	39.65	250m: 3:10.73	40.08	350m:	4:31.30	40.31	
	100m: 1:10.85	37.34	200m: 2:30.65	40.15	300m: 3:50.99	40.26	400m:	5:10.59	39.29	
22.	Pabst Lisa	2008 SK Zirl						+0,81	<b>5:11.06</b>	425
	50m: 34.40	34.40	150m: 1:52.04	39.29	250m: 3:12.43	40.58	350m:	4:32.47	40.04	
	100m: 1:12.75	38.35	200m: 2:31.85	39.81	300m: 3:52.43	40.00	400m:	5:11.06	38.59	
23.	Wagger Sarah	2005 WSV St. Johann in Tirol						+0,77	<b>5:17.37</b>	400
	50m: 33.90	33.90	150m: 1:50.58	38.88	250m: 3:12.87	41.51	350m:	4:36.13	41.34	
	100m: 1:11.70	37.80	200m: 2:31.36	40.78	300m: 3:54.79	41.92	400m:	5:17.37	41.24	
24.	Schwarz Lena	2008 Tiroler Wassersportverein						+0,65	<b>5:17.81</b>	398
	50m: 36.70	36.70	150m: 1:57.71	41.19	250m: 3:20.23	41.51	350m:	4:40.81	40.05	
	100m: 1:16.52	39.82	200m: 2:38.72	41.01	300m: 4:00.76	40.53	400m:	5:17.81	37.00	
25.	Zoller Lea	2008 SK Zirl						+0,73	<b>5:19.73</b>	391
	50m: 35.88	35.88	150m: 1:57.49	41.58	250m: 3:21.16	42.10	350m:	4:42.78	40.77	
	100m: 1:15.91	40.03	200m: 2:39.06	41.57	300m: 4:02.01	40.85	400m:	5:19.73	36.95	
26.	Schwarz Laura	2008 Tiroler Wassersportverein						+0,63	<b>5:21.84</b>	383
	50m: 36.46	36.46	150m: 1:59.52	41.50	250m: 3:22.68	40.72	350m:	4:43.95	39.98	
	100m: 1:18.02	41.56	200m: 2:41.96	42.44	300m: 4:03.97	41.29	400m:	5:21.84	37.89	
27.	Farthofer Franziska	2004 Tri-X Kufstein						+0,71	<b>5:23.11</b>	379
	50m: 33.81	33.81	150m: 1:53.41	40.80	250m: 3:17.95	42.48	350m:	4:43.21	42.57	
	100m: 1:12.61	38.80	200m: 2:35.47	42.06	300m: 4:00.64	42.69	400m:	5:23.11	39.90	
28.	Übelhör Lorena	2007 SK Zirl						+0,74	<b>5:24.36</b>	375
	50m: 35.75	35.75	150m: 1:57.47	41.53	250m: 3:21.65	42.38	350m:	4:44.33	41.05	
	100m: 1:15.94	40.19	200m: 2:39.27	41.80	300m: 4:03.28	41.63	400m:	5:24.36	40.03	
29.	Hochgruber Sara	2006 SC IKB Innsbruck						+0,76	<b>5:25.00</b>	372
	50m: 34.17	34.17	150m: 1:54.33	41.46	250m: 3:18.78	42.47	350m:	4:44.54	42.61	
	100m: 1:12.87	38.70	200m: 2:36.31	41.98	300m: 4:01.93	43.15	400m:	5:25.00	40.46	
30.	Eichholzer Sophie	2007 SK Leutasch						+0,62	<b>5:25.02</b>	372
	50m: 35.37	35.37	150m: 1:56.54	40.88	250m: 3:20.39	41.41	350m:	4:44.72	41.78	
	100m: 1:15.66	40.29	200m: 2:38.98	42.44	300m: 4:02.94	42.55	400m:	5:25.02	40.30	
31.	Reister Olivia	2008 SC IKB Innsbruck						+0,63	<b>5:28.70</b>	360
	50m: 35.30	35.30	150m: 1:57.48	42.01	250m: 3:21.84	41.61	350m:	4:47.47	42.81	
	100m: 1:15.47	40.17	200m: 2:40.23	42.75	300m: 4:04.66	42.82	400m:	5:28.70	41.23	
32.	Roth Anne	2006 Tri-X Kufstein						+0,70	<b>5:30.64</b>	354
	50m: 35.75	35.75	150m: 1:59.35	42.65	250m: 3:25.02	43.03	350m:	4:50.40	42.05	
	100m: 1:16.70	40.95	200m: 2:41.99	42.64	300m: 4:08.35	43.33	400m:	5:30.64	40.24	
33.	Peer Luzie	2005 SC IKB Innsbruck						+0,84	<b>5:31.70</b>	350
	50m: 36.14	36.14	150m: 1:59.35	42.13	250m: 3:23.74	42.16	350m:	4:50.60	43.48	
	100m: 1:17.22	41.08	200m: 2:41.58	42.23	300m: 4:07.12	43.38	400m:	5:31.70	41.10	

Tiroler Hallenmeisterschaften im Schwimmen 2021  
Innsbruck, 26. - 28.3.2021

Wettkampf 29, Frauen, 400m Freistil, Allgemeine Klasse

Rang									RT	Zeit	Pkt.	
34.	Nairz Laura	2006 SK Leutasch								+0,86	<b>5:35.31</b>	339
	50m:	35.22	35.22	150m:	1:57.26	42.05	250m:	3:24.49	43.59	350m:	4:52.76	43.80
	100m:	1:15.21	39.99	200m:	2:40.90	43.64	300m:	4:08.96	44.47	400m:	5:35.31	42.55
35.	Pierer Laura	2007 Tiroler Wassersportverein								+0,58	<b>5:37.26</b>	333
	50m:	34.97	34.97	150m:	1:59.09	43.36	250m:	3:26.58	43.87	350m:	4:54.84	43.88
	100m:	1:15.73	40.76	200m:	2:42.71	43.62	300m:	4:10.96	44.38	400m:	5:37.26	42.42
36.	Thaler Tamina	2008 Tri-X Kufstein								+0,53	<b>6:00.75</b>	272
	50m:	38.69	38.69	150m:	2:09.05	46.67	250m:	3:43.65	46.91	350m:	5:18.69	47.03
	100m:	1:22.38	43.69	200m:	2:56.74	47.69	300m:	4:31.66	48.01	400m:	6:00.75	42.06
37.	Larch Coralie	2008 SK Leutasch								+0,73	<b>6:20.13</b>	233
	50m:	37.44	37.44	150m:	2:13.05	49.73	250m:	3:54.16	51.06	350m:	5:34.01	49.59
	100m:	1:23.32	45.88	200m:	3:03.10	50.05	300m:	4:44.42	50.26	400m:	6:20.13	46.12
38.	Kremser Matilda	2008 SC IKB Innsbruck								+0,74	<b>6:23.65</b>	226
	50m:	39.71	39.71	150m:	2:13.37	48.11	250m:	3:52.39	50.12	350m:	5:33.23	50.78
	100m:	1:25.26	45.55	200m:	3:02.27	48.90	300m:	4:42.45	50.06	400m:	6:23.65	50.42
39.	Pühringer Delina	2008 Tiroler Wassersportverein								+0,68	<b>6:24.34</b>	225
	50m:	39.65	39.65	150m:	2:16.56	50.21	250m:	3:58.09	50.94	350m:	5:38.22	50.91
	100m:	1:26.35	46.70	200m:	3:07.15	50.59	300m:	4:47.31	49.22	400m:	6:24.34	46.12